My Morning Routine

Ages 4–7 · tick a box for each step

Name: _____

	Mon	Tue	Wed	Thu	Fri
🛏️ Make my bed	☐	☐	☐	☐	☐
🚽 Use the bathroom	☐	☐	☐	☐	☐
🧼 Wash face & hands	☐	☐	☐	☐	☐
🪥 Brush teeth	☐	☐	☐	☐	☐
👕 Get dressed	☐	☐	☐	☐	☐
🥣 Eat breakfast	☐	☐	☐	☐	☐
🎒 Pack my backpack	☐	☐	☐	☐	☐
👟 Shoes & jacket on	☐	☐	☐	☐	☐

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